

## **2018 Annual Report -ILAE-Eastern Mediterranean Region**

### **Chair**

Chahnez Charfi Triki (Tunisia)

### **Members**

Hassan Hosny (Egypt), Past-Chair

Ghaieb Aljandeel (Iraq)

Abdulaziz Ashkanani (Kuwait)

Nihal El Shazly (UAE)

Boulenouar Mesraoua (Qatar)

Adel Misk (Palestine)

Reda Ouazzani Taibi (Morocco)

### **Management Committee Liaison**

Emilio Perucca (Italy)

The ILAE-East Mediterranean Region (ILAE-EMR) was launched in 2004, and includes 14 countries from North Africa, Asia, and the eastern side of the Mediterranean region.

### **Aims:**

The global objective of ILAE-EMR is to improve the management of people with epilepsy. To reach this objective, ILAE-EMR defined specific objectives:

- Promote epilepsy education.
- Promote research on epilepsy.
- Improve involvement of chapters.

### **STRATEGIC GOALS:**

The ILAE-EMR held face-to-face meetings in January and August 2018. The following strategic goals were defined:

1. To collect data from the EMR region.
2. To promote epilepsy awareness.
3. To conduct training in epilepsy and strengthen the educational activities in the EMR.
4. To promote research activities in our region.
5. To increase membership from our region.

### **ACTIVITIES:**

To achieve these objectives, several activities were conducted in 2018:

We began our activities with a business meeting on January 2018 in Casablanca, Morocco. During this meeting, we set up an action plan of our activities. All the members of EMR are aware that training on epilepsy is a main objective; that is why we started our activities with courses on epilepsy for young epileptologists. The first one was held on 27 February to 3 March 2018 in Cairo (Egypt),

and was organized by Pr Hassan Hosny. During this course, about 70 young doctors from Egypt, Libya, Tunisia, Algeria, Morocco, and Afghanistan were present. The program included lectures about EEG, clinical, explorations, and treatment of epilepsy. The second course was held in Monastir (Tunisia) and was organized by Pr Chahnez Charfi Triki, in collaboration with the 7th Monastir neurological day organized by Pr Mahbouba Frih Ayed on 18-20 October 2018. This course was conducted in French, and was attended by 25 young medical doctors and one technician from Morocco, Algeria, Senegal, and Tunisia. The program included lectures and practical workshops.

Several other courses were also held jointly with the 16<sup>th</sup> Pan Arab Union of Neurological Societies (PAUNS) meeting (19 September 2018-Aman, Jordan), 1<sup>st</sup> Libyan Scientific Society for Epilepsy (13 October 2018. Tripoli, Libya), the 6th UAE Epilepsy Congress (26-27 October 2018. Dubai, United Arab Emirates), the Qatar International Epilepsy School (7-12 November 2018. Doha, Qatar), and during the 3<sup>rd</sup> EEG & EMG School (16-18 November 2018. Fes, Morocco.)

In order to build a regional leadership, we set up a program of fellowship for young epileptologists, with a priority for the centers of the region. These fellowships will allow these young people to have advanced training in a particular field of epilepsy and to improve collaboration between the different countries of the region. We received 12 applications from Egypt, Tunisia, Libya, and KSA. Four medical doctors from Egypt, Libya, and Tunisia received fellowships: Ahmed Elkady, Frankfurt Rhein Main University Clinic; Felix Rosenow, Ines Bedou, Timone Hospital; Pr Fabrice Bartolomei, Eman Awen, Kasr Al Aaini University Hospital; Pr Hassan Hosny and Wafa Bouchaala, Necker Hospital; Pr Anna Kaminska.

Also, our EMR is represented in several ILAE commissions:

- Dr Maria Seddiqui (Qatar), from child to adult. Dr Abdulradha Al Qallaf (Kuwait), from adult to elderly.
- Young Epilepsy Section: Drs Reem Elayoubi (Saudi Arabia) and Ahmed Elkady (Egypt).
- Translation of ILAE position papers to Arabic: Fatma Kamoun (Tunisia). Three papers: *Definition of Epilepsy (2014)*, *Operational Classification of Seizure Type by ILAE (2017)*, and *ILAE Classification of the Epilepsies (2017)*, were all translated to Arabic.

Chahnez Charfi Triki  
Chair, ILAE-Eastern Mediterranean